



The Heart of Milonguero Tango

An Intermediate level series of workshop classes in Albuquerque with Liz & Masami

January 17 - June 6, 2010

Liz has been teaching dance for the past thirteen years in Santa Fe, NM and has taught at four of the Denver Tango Festivals with Ricardo Vidort and her partner, Masami Hirokawa. Liz is dedicated to preserving the essence of on-body or “Milonguero-style” tango - the tango of the Golden Age and the tango of the crowded dance floors of Buenos Aires. In this style, she has studied extensively with Alicia Pons, Ricardo Vidort, Susana Miller, Maria Plazaola, & Osvaldo y Coca Cartery.

Masami Hirokawa, her partner, will be assisting her in all the classes.

The aim of these 7 progressive Sunday workshop classes is to deepen your level of creativity, connection and comfort with on-body, milonguero style dancing. There will be both an emphasis on technical skills that provide balance, confidence and clarity of movement, as well as more experiential classes focusing on energetics, intimacy, freedom and improvisation. Classes will cover intermediate level “milonga-friendly” vocabulary in a context aimed to inspire, explore and deepen your own authentic dance.



January 17th, Sunday

2:45-4:00 • **The Embrace:** Inner Dynamics

4:15-5:30 • **Playing with the Axis:** Dependent Elements: Puentes, Calesitas & Exits

February 7th, Sunday

2:45-4:00 • **Loving Feet:** Relationship to the Floor

4:15-5:30 • **Being in Crossed-system:** Ease and Comfort

February 28th, Sunday

2:45-4:00 • **Time and Spaciousness**

4:15-5:30 • **Over-crossed Back Ochos & Exits**

March 21st, Sunday

2:45-4:00 • **Women’s Technique**

4:15-5:30 • **Exploring Turn Combinations**

May 2nd, Sunday

2:45-4:00 • **Confidence & Trust**

4:15-5:30 • **Treading Water with Flow**

May 16th, Sunday

2:45-4:00 • **Creativity:** Letting the Spirit Move You

4:15-5:30 • **Playing with Cruzadas and Exits**

June 6th, Sunday

2:45-4:00 • **Dialoguing Between Us**

4:15-5:30 • **Milonguero Boleos**

This series is intended for intermediate level dancers. Beginners or those new to on-body dancing may attend, but must bring their own partners to work with throughout the classes.

Classes can be attended separately but most will be gained by attending classes sequentially.

Cost: Full Pass paid by January 17th - \$180 for women / \$165 for men or \$30/day or \$20/class

Please arrive 15 minutes early to register before class begins!

This workshop will be held at the *Lloyd Shaw Dance Center, 5506 Coal SE, Albuquerque.*
For questions and to let us know you’re coming, please contact **Liz Haight** at **505.982.5833**
or at **lizhaight@earthlink.net.**